Family preparation guide

You do not need to have every answer before calling. Begin with a conversation, prepare together, and let the team help you understand the next step.

Information & admissions: (541) 295-5161

Before arrival

1. Call admissions. Tell the team whether you are calling for yourself or someone you love. Discuss willingness to participate, eligibility, availability, and the application steps.

2. Understand the commitment. Ask about the program phases, daily expectations, financial arrangements, required documents, and any health or medication needs to discuss before arrival.

3. Arrange arrival with the team. Confirm acceptance, the arrival date and location, transportation, and the current packing list before traveling to the ranch.

Packing checklist

Oregon's published guidance includes these items. Review them with admissions and ask for the current list before packing or purchasing supplies.

- ☐ Bible, notebook, pens, and highlighters
- ☐ A week's clothing, including suitable work clothes
- ☐ An outfit for church services
- ☐ Laundry bag and laundry soap
- ☐ Blanket or sleeping bag and a pillow
- ☐ Sheets - confirm the bed size with admissions

Ask about footwear, toiletries, identification or court paperwork, prescriptions, electronics, other reading material, vehicles, cash, and valuables. Confirm what is needed, permitted, or restricted.

Stay connected. Prepare together.

Communication

Ask how phone calls, email, and other communication work during each phase. Plan to encourage your loved one through letters, and ask whom to contact with urgent family news or questions.

Visits and church fellowship

Confirm the initial waiting period, eligible visitors, any approval needed, and the current visit date and hours before traveling. Ask about church attendance, special holiday visits, permitted items, and the designated visiting area. Children should stay with their parent or guardian.

Mail and care packages

Letters and approved care packages may be sent during Phase 1. Mail and packages are subject to ministry inspection. Check approved contents before sending food, personal items, reading material, or other goods.

Participant's name
c/o U-Turn for Christ Oregon
320 Lind Road
Grants Pass, OR 97527

Encourage your loved one

Pray, learn the ministry's expectations, and ask how to offer encouragement that supports your loved one's participation and accountability.

Notes from your admissions call

Admissions contact: _____

Approved arrival date / location: _____

First approved visit / hours: _____

Items or documents to confirm: _____

Other questions / follow-up: _____

Keep this guide with your notes. Confirm current instructions with admissions before arrival, visits, or sending packages.